

Neath Port Talbot Open Gold Centre

Training Programme 2024/25

Training Evenings Venue: Youth Wing, Llangatwg Community School

<i>Date</i>	<i>Time</i>	<i>Activity</i>
Wednesday 25 th Sep	6.15pm-8pm	Parents and participant information evening
Wednesday 2 nd Oct	6.15pm-8pm	Enrolment & kit purchase
Wednesday 13 th Nov	6.15pm-8pm	Navigation/Route Planning
Sunday 17 th Nov	8.15am	Day Walk (Brecon Beacons)
Wednesday 4 th Dec	6.15pm-8pm	Hazards & emergency procedures/route planning
Sunday 8 th Dec	8.15am	Day Walk (Brecon Beacons)
Wednesday 15 th Jan	5.45pm-8pm	First Aid/Route Planning
Sunday 19 th Jan	8.15am	Day Walk (Brecon Beacons)
Wednesday 12 th Feb	6.15pm-8pm	Campcraft/Equipment/Route Planning
Sunday 16 th Feb	8.15am	Day Walk (Brecon Beacons)
Wed 19 th March	6.15pm-8pm	Expedition food/Trangias/Route Planning
Sun 23 rd March	8.15am	Day Walk (Brecon Beacons)
Wednesday 9 th April	6.15pm-8pm	Pre – expedition check. (bring all your equipment and dry food for the exped) & Route Planning
Evening of Friday 11 th April – Sunday 13 th April (2 nights camping)	Meet at 6pm on the 11 th return approx 4pm on 13 th April	Practice expedition (Brecon Beacons)
Wednesday 30 th April	6.15pm-8pm	Expedition & Practice Exped route planning
Wed 25 th June	6.15pm-8pm	Expedition route planning
Evening of Friday 27 th June – Sunday 29 th June (2 nights camping)	Meet at 6pm on 27 th return approx 4pm on 29 th	Practice expedition (Brecon Beacons)
Wednesday 16 th July	6.15pm-8pm	Pre-Exped check, presentation planning. Bring all your kit and food
Friday 18 th until Tue 22 nd July Groups	Meet at Llangatwg at 6pm on the 18 th , return approx 6pm on the 22 nd .	Final expedition Brecon Beacons (one night before expedition to ensure early start next day, then four days and three nights Expedition (Brecon Beacons)
Wed 3 rd Sep	6.15pm-8pm	Expedition Aim Presentation

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