

Neath Port Talbot Open Gold Centre

Training Programme 2025/26

Training Evenings Venue: Youth Wing, Llangatwg Community School

Date	Time	Activity
Wednesday 24 th Sep	6.15pm-8pm	Parents and participant information evening
Wednesday 1st Oct	6.15pm-8pm	Enrolment & kit purchase
Wednesday 12 th Nov	6.15pm-8pm	Navigation/Route Planning
Sunday 16 th Nov	8am	Day Walk (Brecon Beacons)
Wednesday 3rd Dec	6.15pm-8pm	Hazards & emergency procedures/route planning
Sunday 7 th Dec	8am	Day Walk (Brecon Beacons)
Wednesday 14 th Jan	5.45pm-8pm	First Aid/Route Planning
Sunday 18 th Jan	8am	Day Walk (Brecon Beacons)
Wednesday 11 th Feb	6.15pm-8pm	Campcraft/Equipment/Route Planning
Sunday 15 th Feb	8am	Day Walk (Brecon Beacons)
Wed 18 th March	6.15pm-8pm	Expedition food/Trangias/Route Planning
Sun 22 nd March	8am	Day Walk (Brecon Beacons)
Wednesday 15 th April	6.15pm-8pm	Pre – expedition check. (bring all your equipment and dry food for the exped) & Route Planning
Evening of Friday 17 th April – Sunday 19 th April (2 nights camping)	Meet at 5.45pm on the 17 th return approx 4pm on 19 th April	Practice expedition (Brecon Beacons)
Wednesday 29 th April	6.15pm-8pm	Expedition & Practice Exped route planning
Wed 24 th June	6.15pm-8pm	Expedition route planning
Evening of Friday 26 th June – Sunday 28 th June (2 nights camping)	Meet at 5.45pm on 26 th return approx 4pm on 28 th	Practice expedition (Brecon Beacons)
Wednesday 15 th July	6.15pm-8pm	Pre-Exped check, presentation planning. Bring all your kit and food
Friday 17 th until Tue 21st July Groups	Meet at Llangatwg at 5.45pm on the 17 th , return approx 6pm on the 21 st .	Final expedition Brecon Beacons (one night before expedition to ensure early start next day, then four days and three nights Expedition (Brecon Beacons)
Wed 2 nd Sep	6.15pm-8pm	Expedition Aim Presentation

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