



How to evidence your sections....

Do you want to go on expedition with your friends and have the most amazing experience? Then you must get this bit right first....!!!

The question you need to ask yourself for EACH of the volunteering, skill and physical recreation sections is:

1. Do I have a specialist independent adult that is my assessor for the activity and that I see every time I do the activity (not a family member or friend), for example a sports coach, music teacher, charity shop manager etc etc? If the answer to this is yes go to **PART A** below.
2. If you do not have a specialist independent adult that oversees your activity every time you do it, for example if you do cooking at home for the skills section. Or for the physical recreation section you go the gym or swimming but not as part of a class or with a personal trainer. In these situation go to **PART B** below.

Part A -

You will normally have an assessor for each section, this is the adult that has overseen your involvement in the activity (it can't be a family member or friend).

This person needs to complete the page in your 'keeping track' for the section they were the assessor for. If you don't have a 'keeping track booklet' then you can download them off the 'your DofE' page of the website (www.nptdofe.co.uk).

The assessor only needs to complete the booklet once AFTER you have completed the minimum number of months for that section.

Once they have filled in the assessor report in the keeping track booklet for the section then you need to take a photo of that page and upload it to your EDofE account, download the document called 'how to add evidence' from the website for a step by step guide as to how to do this.

Part B

If you don't have an assessor for an activity then you will most probably fall into one of the two categories:

1. If you go to an organisation for an activity but there isn't an adult that you see each time, for example going to the gym or a swimming pool. In this case then download the 'activity log sheet' from the website and follow the instructions of the sheet.

2. If you are doing cooking at home then download the 'cooking sheet' and use this to evidence each time you cook. This must be submitted every week to your DofE leader.

If you don't have an assessor and don't fall into either of the categories above then speak to your DofE leader.